



## ABOUT KATRINA

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Holistic Aesthetician Katrina Valente has devoted her life to health, wellness and self-discovery.

Having qualified in many modalities such as Skincare Aesthetics, Aromatherapy, Reflexology, Reiki, Color therapy, Crystal Healing, NLP, Hypnosis and coaching, her passion remains in Anti-aging treatments, empowering clients to love the skin they are in!

She has lived in Dubai for the past 16 years. Through her innovation and dedication to Anti-aging, she has been recognized as Dubai's Top Facialist and one of the world top Facialists. Katrina is launching her life-long dream of opening her own clinic with a Holistic approach to aging called Pro-age clinic in Dubai.

Katrina Valente works in a very unique way with different modalities she has learned throughout 20 years. With all treatments crystals are placed on the body to help the energy re-alignment and color therapy using 4 colors relating to the 14 chakras. Inhalation of organic perfume is done then the oils or serums of the chosen 4 colors are used on the skin and the feet. Reflexology or Head massage is performed with facial treatments. Working with the sub-conscious mind to not only work on the skin or body but to balance the emotional body also and enhance the overall experience.

Katrina brings her unique and healing treatments to you, so you can experience not just a treatment but a whole oneness on a Physical, Emotional and Spiritual level.



Visiting Practitioner

*Katrina Valente*

*Inner Peace - Outer Beauty,  
Top Facialist, Holistic Aesthetician*

9<sup>th</sup> September – 24<sup>th</sup> September  
2018

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## TREATMENTS

### **Eminence Organic Facial / with Seaweed Collagen Mask**

Facial will start with a Chakra Color therapy test, out of 14 there will be 4 that will be selected. This test is asking the sub-conscious mind what it needs and is always 100% accurate. Inhalation of organic oils will be done with the 4 that are chosen. Then the oil and serum will be used on the skin which works on the emotional body as well as the physical, giving total alignment to self. Reflexology or head massage is offered while the mask is on. Using only 100% organic products of the highest quality this facial designed to suit the individual to get the best end result whether your skin is dry, oily, dehydrated or sensitive.

75 minutes / 360 Euros

### **Derma-pen Mesotherapy**

Giving deep rejuvenation to the skin using an electric pen which opens the skin channels to allow the serums to penetrate deep changing the cellular structure of the skin for weeks to come. Lifting, renewing and hydrating serums are administered deep into the active layers of the skin. Algae mask is used with this treatment to push product even deeper.

75 minutes / 400 Euros

### **Paprika Detoxifying Facial**

This organic Eminence facial helps to detoxify the skin as well as oxygenate the cells through the stimulating effects of Paprika. Using super kale Anti-oxidant mask, calendula hibiscus mask, as well as Anti-aging massage soufflé and regenerating serums this is a must for all skin types. This facial stimulates collagen and elastin instantly to hydrate, plump and firm the skin leaving it feeling alive and rejuvenated.

75 minutes / 360 Euros

### **Altearah Bio Colour Facial**

This Unique facial works on the emotions and not on the skin type. Breakthrough technology Organic Neuro active cosmetics work at a deep cellular level to change the skin through emotional wellbeing...simple but with lots of specific massage movements to rehydrate, revitalize and change the cellular structure deep within. This facial takes you on an inner journey of total rejuvenation.

75minutes / 370 Euros

### **Clinical Lymphatic drainage massage**

This is a gentle pressure massage with specific movements to drain the lymph which sits just below the surface of the skin. It eliminates the body's waste, reduces swelling, eliminates water retention and cellulite. one feels so much lighter after treatment. Great detox for the body. Buy a set of three sessions and save 15% discount

75 minutes/310 Euros

### **Raindrop Back & Foot Massage - Brain De-stress**

A powerful, deeply relaxing treatment using nine essential oils to re-align the electromagnetic field of the body with long lasting effect. Organic oils are dropped onto the spine one by one and massaged in a specific way. The treatment completes with a foot massage working in the oils and propelling you into a bespoke healing journey. This treatment De-Stress the brain bringing it back into total re-alignment which in turn re-aligns the rest of the organs in the body, balancing metabolism and blood sugar levels and allowing the organs to function more proficiently. You feel simply transformed!

75 minutes / 280 Euros

### **Colour Therapy Massage**

Colour therapy massage works on the chakras of the body to re-align the energy field. Choosing 4 out of 14 colours working on the sub conscious mind, you will inhale the perfume of the colour then the oils will be used on the body leaving you totally relaxed and rejuvenated in complete balance. They change your mood instantly.

75 minutes / 220 Euros

### **Shamanic Reiki EnergyHealing - Access Bars**

Shamanic Healing is the oldest form of healing known to man. It works at a very deep level to clear emotional blocks and to bring you back to yourself, which is indeed, perfect balance. It brings into awareness the possibilities that are your life and helps you access the inner wisdom that lays dormant deep within the cells of your body. Color therapy is also part of the treatment. Access Bars is working with the subconscious mind. We start with questions that will challenge your belief systems, points of view and judgments. You just lie there and be open to accepting the words deep into your consciousness. There are 32 points on the head that are known as the Bars and by holding these points very gently we activate the release of your limitations on every level. Help to come back to yourself and re-balance your Chakras, to find peace within.

60 minutes /200 Euros or

90 minutes /300 Euros

### **Reflexology**

Working on the feet to relieve stress, and bring harmony and deep relaxation. All the nerve endings end on the sole of the foot so by massaging we re-align the 5 channels on each side of the body left 5 toes and right 5 toes that go in a direct line straight up the body. It stimulates blood circulation and helps insomnia and is one of the only treatments that is not contraindicated allowing everyone to enjoy the benefits of this age old healing treatment. Benefits are immediate. Great after a flight to bring everything back into balance. Goodbye jetlag!?

60 minutes /200 Euros